

THE LOUDOUN SCHOOL OF BALLET
BALLET DEPARTMENT LEVEL REQUIREMENTS
2017-2018



Please note that it is not uncommon for ballet students to be in the same graded level for more than one year.

BALLET II

General age range: 6 to 8 years.

Requirement: Two times per week of graded ballet technique.

Instructor: Andria Jennens

Class Times: MON & WED 4:00-5:00 pm

Alternate Program: Beginning ballet classes are available for students wishing to attend more classes, attend classes on alternative days, or register for class only once a week. These Beginning Ballet classes have a greater age range; their syllabus includes Ballet II curriculum. Students who only attend non-graded, once a week classes may expect to stay in grade level for more than one year.

Dress Code: Black leotard, pink tights, pink ballet slippers. Hair must be in a bun. Ballet Slippers must be sewn with a single strap.

BALLET III

General age range: 7 to 8 years.

Requirement: Two times per week of graded ballet technique.

Instructor: Maureen Miller

Class Times: MON & WED 4:00-5:00 PM

Alternate Program: Beginning/Intermediate ballet classes are available for students wishing to attend more classes, attend classes on alternative days, or register for class only once a week. These mixed level Ballet classes have a greater age range; their syllabus includes Ballet III curriculum. Students who only attend non-graded, once a week classes may expect stay in grade level for more than one year.

Dress Code: Black leotard, pink tights, pink ballet slippers. Hair must be in a bun. Ballet Slippers must be sewn with a single strap.

BALLET IV

General age range: 8 to 10 years.

Requirement: Two times per week of graded ballet technique.

Instructor: Maureen Miller

Class Times: TUE & THUR 3:45-5:00 PM

Alternate Program: Beginning/Intermediate ballet classes are available for students wishing to attend more classes, attend classes on alternative days, or register for class only once a week. These mixed level Ballet classes have a greater age range; their syllabus includes Ballet IV curriculum. Students who only attend one class per week will stay in grade level for more than one year.

Dress Code: Black leotard, pink tights, pink ballet slippers. Hair must be in a bun. Ballet Slippers must be sewn with a single strap.

BALLET V

General age range: 9 to 11 years.

Requirements: Two times per week of graded ballet technique. Pre-Pointe is recommended at this level, but not required. See mixed-leveled line schedule for additional technique classes.

Instructor: Lisa Startzman

Class Times: TUE & THUR 4:30-6:00 PM

Dress Code: Black leotard, pink tights, pink ballet slippers. Hair must be in a bun. Ballet Slippers must be sewn with a single strap.

BALLET VI

General age range: 10 years and up.

Requirements: Two times per week of graded ballet class. An additional ballet technique class and/or Pre-Pointe class is recommended at this level. Pre-Pointe must be taken for at least 1 year to be considered for pointe. See mixed-level line schedule for additional technique classes.

Instructor: Lisa Startzman

Class Times: TUE & THURS 6:00-7:30 PM

Dress Code: Black leotard, pink tights, pink ballet slippers. Hair must be in a bun. Ballet Slippers must be sewn with a single strap.

BALLET VII

General age range: 11 years and up.

Requirements: Two times per week of graded ballet class plus an additional ballet technique class and an additional pointe class. See mixed-level line schedule for additional technique classes. See mixed-level line schedule for additional technique classes.

Instructor: Maureen Miller

Class Times: TUE 6:00-7:30 PM & THURS 5:00-6:30 PM

Dress Code: Black leotard, pink tights, pink ballet slippers. Hair must be in a bun.

BALLET VIII

General age range: 12 years and up.

Requirements: Three times per week of graded ballet class plus an additional ballet technique class and an additional pointe class. Early Release may be counted towards an additional technique class. See mixed-level line schedule for additional technique classes.

Instructor: Maureen Miller & Lisa Startzman

Class Times: MON 7:30-9:00 PM, WED 5:00-6:30 PM, & THU 7:30-9:00 PM

Dress Code: Black leotard, pink tights, pink ballet slippers. Hair must be in a bun.

BALLET IX

General age range: 13 years and up.

Requirements: Three times per week of graded ballet class plus an additional ballet technique class and an additional pointe class. Early Release may be counted towards an additional technique class. See mixed-level line schedule for additional technique classes. Ballet IX requires students to be en pointe.

Instructors: Maureen Miller & Andria Jennens

Class Times: MON 6:00-7:30 PM, TUES 7:30-9:00 PM & THURS 7:30-9:00 PM

Dress Code: Any color leotard, pink tights, pink ballet slippers. Hair must be in a bun.

BALLET X

General age range: 14 years and up.

Requirements: Three times per week of graded ballet class plus an additional ballet technique class and an additional pointe class. Early Release may be counted towards an additional technique class. See mixed-level line schedule for additional technique classes. Ballet X requires students to be en pointe.

Instructor: Maureen Miller & Lisa Startzman

Class Times: MON 5:00-6:30 PM, TUE 7:30-9:00 PM, & WED 7:30-9:00 PM

Dress Code: Any color leotard, pink tights, pink ballet slippers. Hair must be in a bun.