

THE LOUDOUN SCHOOL OF BALLET
RISING STARS DEPARTMENT SCHEDULE
FOR AGES 2 -7 YEARS
2017-2018



BABY BALLET : Ages 2-3

Coordination and musical based movements for our youngest dancers.

Dress Code: Girls: Solid pink leotard, pink tights, pink ballet slippers. No skirts. Hair must be in bun.
Boys: Black jazz pants or sweat pants, white shirt, white socks, black ballet slippers.

MON	10:00-10:30 AM	Danielle Sirinsky
SAT	8:30-9:00 AM	Andria Jennens

BOYS MOVE & SHAKE: Ages 3-4

Hip-hop, marching and jumping coordination skills geared toward male dancers.

Dress Code: Black jazz pants or sweat pants, white shirt, white socks, black ballet slippers or jazz shoes.

MON	10:30-11:15 AM	Danielle Sirinsky
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CREATIVE DANCE: Ages 3-4

Continuation of coordination skills and story telling through expressive movement and dance.

Dress Code: Girls: Solid pink leotard, pink tights, pink ballet slippers. No skirts. Hair must be in bun.
Boys: Black jazz pants or sweat pants, white shirt, white socks, black ballet slippers.

MON	9:15-10:00 AM	Danielle Sirinsky
TUES	12:00-12:45 PM	Danielle Sirinsky
TUES	4:30-5:15 PM	Lauren Eckart
THUR	10:15-11:00 AM	Danielle Sirinsky
SAT	9:00-9:45 AM	Andria Jennens

PRE-BALLET: Ages 4-5

Introduction to the proper foundation of ballet etiquette including barre work, center work and across the floor movement, while continuing to explore expressive and creative movement.

Dress Code: Girls: Solid pink leotard, pink tights, pink ballet slippers. No skirts. Hair must be in bun.
Boys: Black jazz pants or sweat pants, white shirt, white socks, black ballet slippers.

TUES	12:45-1:30 PM	Danielle Sirinsky
TUES	4:30-5:15 PM	Lauren Eckart
WED	3:15-4:00 PM	Andria Jennens
THUR	3:45-4:30 PM	Andria Jennens
SAT	9:45-10:30 AM	Andria Jennens

BALLET I: Ages 5-7

A stepping-stone to our graded level ballet department with a formal based class curriculum.

Dress Code: Girls: Solid black leotard, pink tights, pink ballet slippers. No skirts. Hair must be in bun.
Boys: Black jazz pants or sweat pants, white shirt, white socks, black ballet slippers.

TUES	5:15-6:15 PM	Lauren Eckart
THUR	4:30-5:30 PM	Andria Jennens
FRI	9:00-10:00 AM	Danielle Sirinsky
SAT	11:30-12:30 PM	Lauren Eckart

RISING STARS MUSICAL THEATER: Ages 4-6

An acting, singing and dancing curriculum that includes improvisation, vocal warm ups and expressive and emotional movements.

Dress Code: Girls: Solid colored leotard, pink or suntan tights, jazz shorts/pants optional, caramel jazz shoes.

Hair must be pulled away from the face.

Boys: Black jazz pants or sweat pants, white shirt, white socks, black ballet slippers or jazz shoes

TUES	1:30-2:15 PM	Danielle Sirinsky
WED	5:30-6:15 PM	Danielle Sirinsky
SAT	10:30-11:15 AM	Lauren Eckart

JAZZY HIP-HOP: Ages 5-8

Appropriately aged modern movements for our youngest contemporary dancers.

Dress Code: Girls: Solid colored leotard, pink or suntan tights, jazz shorts/pants optional, caramel jazz shoes.

Hair must be pulled away from the face.

Boys: Black jazz pants or sweat pants, white shirt, white socks, black ballet slippers or jazz shoes.

FRI (Boys)	3:45-4:30 PM	Lauren Eckart
FRI	4:30-5:15 PM	Lauren Eckart

RISING STARS TAP: Ages 5-7

Basic Tap choreography, rhythm, and counting music.

Dress Code: Girls: Solid colored leotard, pink or suntan tights, jazz shorts/pants optional, tan tap shoes.

Hair must be pulled away from the face.

Boys: Black jazz pants or sweat pants, white shirt, white socks, black tap shoes.

MON	3:30-4:15 PM	Danielle Sirinsky
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NEW!!!! BOYS' BALLET: Ages 5-10

Beginning Ballet for the male dancer

Dress Code: Black jazz pants or sweat pants, white shirt, white socks, black ballet slippers.

FRI	5:30-6:30 PM	Teacher TBD
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COMBO CLASSES: Ages 5-7

A little bit of everything! Classes with shortened versions based on our primary curriculum for students who would like to try a little of both.

Dress Code: Please see above ballet, tap, and/or jazz class descriptions

BALLET/JAZZ COMBO:

TUES	3:30-4:30 PM	Lauren Eckart
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BALLET/TAP COMBO:

WED	4:30-5:30 PM	Danielle Sirinsky
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JAZZ/TAP COMBO:

THUR	12:45-1:45 PM	Danielle Sirinsky
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