

SUMMER

2023 DANCER REQUIREMENTS

BALLET INTENSIVES

Our ballet intensives are structured for beginner, intermediate and advanced training. The Beginner Ballet Intensive is for levels III-V, Intermediate Ballet Intensive for levels V-VII will run for the first four weeks of summer. The Advanced Ballet Intensive for levels VII-X will run for six weeks of summer. The summer brochure will publish a detailed daily schedule for the ballet intensives. Register by the week or by the day. Ballet Intensives will include:

Ballet Technique
Pointe/Pre-pointe
Character
Contemporary Ballet.

Core/Foot Strengthening
Variations/Repertoire
Modern
...and more!

Need more time to be ready for a full-day intensive? Our weekly ballet classes for all levels are available by the day.

SUMMER CAMPS & INTENSIVES

Ages 3+, Beginner through Advanced

One-day and weekly camps for dancers ages 3+. Our summer offers a mix of Ballet, Jazz Tap, Tumbling, Contemporary Hip-Hop, Musical Theater & More! Check out our Contemporary Intensives for the more serious dancer! Contemporary Intensives are offered for levels II-X.

SUMMER CLASSES

Ages 2+, Beginner through Advanced

We offer a variety of ballet, tap, jazz, hip hop, contemporary, and Rising Stars classes. Please refer to our summer block schedule for more details.

SUMMER REGISTRATION

Dancers should register for summer classes corresponding to their anticipated Fall 2023 level. If it is determined that another class would be more appropriate for a dancer, registrations will be adjusted accordingly.

- o Summer Registration opens on February 1, 2023.
- o Register before June 1, and your registration fees will be waived.
- o Beginning June 1, a \$35 registration fee applies for returning students.
- o Summer tuition is non-refundable.
- o Summer classes must be made up within the summer session.
- o Refer to the summer brochure for more detailed summer discounts & policies.

SUMMER REQUIREMENTS

All dancers must meet their summer requirements to proceed to the next level in Fall 2023. Professional summer intensives count towards summer requirements. Please inform us of participation in any outside intensives by emailing info@lsofballet.com

COMPANY DANCERS

- o LCDC and LBPAC dancers must meet their class and specified jazz and/or ballet intensive requirements.
- o Auditions for LCDC and LBPAC will be held on May 7, 2023.
- o Dancers interested in the LCDC Pre-Apprentice program should take Intro to Jazz Intensive.

Fall recommendations for returning students will be available the first week of May.

THE FOLLOWING ARE THE MINIMUM SUMMER REQUIREMENTS FOR OUR GRADED-LEVEL PROGRAM AND COMPANY DANCERS. DANCERS MUST MEET THEIR SUMMER REQUIREMENTS AS PART OF THEIR FALL 2023 PLACEMENT. EQUIVALENT WEEKS SPENT AT PROFESSIONAL DANCE PROGRAMS COUNT TOWARDS REQUIREMENTS. SUMMER LEVELS ARE BASED ON RECOMMENDED CLASSES FOR FALL 2023. REGISTER FOR SUMMER BASED ON YOUR ANTICIPATED FALL LEVEL. DANCERS MUST MEET SUMMER REQUIREMENTS TO RESUME FALL CLASSES AT THEIR RECOMMENDED LEVEL. THERE ARE NO CLASS REQUIREMENTS FOR RISING STARS DANCERS.

BALLET REQUIREMENTS

BALLET II & III

- NO SUMMER REQUIREMENTS
- 4 SUMMER BALLET CLASSES HIGHLY RECOMMENDED

BALLET IV

- 4 BALLET CLASSES

BALLET V & VI

- 5 DAYS OF BALLET INTENSIVE OR
- 4 DAYS OF BALLET INTENSIVE AND 3 BALLET CLASSES
- POINTE WORKSHOP ON FLAT RECOMMENDED

BALLET VII

- 7 DAYS OF BALLET INTENSIVE OR
- 5 DAYS OF BALLET INTENSIVE AND 8 BALLET CLASSES
- 10 POINTE WORKSHOP CLASSES

BALLET VIII-X

- 10 DAYS OF BALLET INTENSIVE
- 4 POINTE WORKSHOP CLASSES

CONTEMPORARY REQUIREMENTS

JAZZ I - III

- NO SUMMER REQUIREMENTS
- 4 SUMMER CLASSES ARE HIGHLY RECOMMENDED

JAZZ IV

- JAZZ INTENSIVE OR 4 CONTEMPORARY CLASSES

JAZZ V & VI

- JAZZ INTENSIVE OR 5 CONTEMPORARY CLASSES

JAZZ VII - X

- JAZZ INTENSIVE, AND 4 CONTEMPORARY CLASSES

JOIN THE MOVEMENT





LOUDOUN CONTEMPORARY DANCE COMPANY

THE LOUDOUN CONTEMPORARY DANCE COMPANY (LCDC) IS A PRE-PROFESSIONAL DANCE COMPANY THAT OFFERS ITS DANCERS PROGRESSIVE EDUCATION IN THE CONTINUALLY EVOLVING LANGUAGE OF THE CONTEMPORARY DANCE EXPERIENCE. LCDC GIVES THE COMMUNITY A BOLD AND UNIQUE PERFORMANCE SEASON THAT ENCOMPASSES ALL THE VERSATILITY OF CONTEMPORARY DANCE. DANCERS ARE SELECTED AT A SPRING AUDITION FOR THE FOLLOWING AUGUST TO JUNE SEASON.

OUR SEASON INCLUDES:

- A FULL-LENGTH PRE-PROFESSIONAL CONCERT;
- TWO HIGH-CALIBER CONVENTIONS AND COMPETITIONS
- VARIOUS COMMUNITY OUTREACH EVENTS.

AUDITIONS ARE OPEN TO DANCERS AGES 6-19 FOR PLACEMENT IN THE FOLLOWING GROUPS:

- 1ST OR 2ND COMPANY (LCDC PRE-PROFESSIONAL LEVEL FOR RISING JAZZ VII-X)
- APPRENTICE (LCDC INTERMEDIATE LEVEL FOR RISING JAZZ IV-VII)
- JUNIOR APPRENTICE (LCDC BEGINNER LEVEL FOR RISING JAZZ III-V)
- PRE-APPRENTICE/STARS (LCDC INTRODUCTORY LEVEL FOR RISING JAZZ I-III)

LOUDOUN TAPS! IS INCORPORATED INTO ALL LEVELS OF THE LCDC AND IS BY INVITATION.

LOUDOUN CONTEMPORARY DANCE COMPANY CONTINUED

LCDC MEMBERS MUST MEET THE FOLLOWING SUMMER AND SCHOOL-YEAR CLASS REQUIREMENTS:

PRE-APPRENTICE

REQUIRED CLASSES:

- GRADED LEVEL JAZZ I, II, OR III
- GRADED LEVEL BALLET
- ONE-HOUR COMPANY CLASS PER WEEK

OPTIONAL ELECTIVES:

- HIP-HOP, TAP, LYRICAL & CONTEMPORARY

SUMMER REQUIREMENTS:

- BEGINNING JAZZ INTENSIVE
- FOUR CONTEMPORARY SUMMER CLASSES
- JAZZ/TAP/MUSICAL THEATRE CAMP RECOMMENDED

JUNIOR APPRENTICE (1ST AND 2ND COMPANIES)

REQUIRED CLASSES:

- GRADED LEVEL JAZZ III, IV, OR V
- GRADED LEVEL BALLET
- 1.5 HOURS OF COMPANY CLASS PER WEEK
- CONTEMPORARY, LYRICAL

OPTIONAL ELECTIVES:

- HIP-HOP, TAP
- TURNS & LEAPS - STRONGLY RECOMMENDED

SUMMER REQUIREMENTS:

- JAZZ INTENSIVE BASED ON RECOMMENDED JAZZ LEVEL
- FOUR CONTEMPORARY SUMMER CLASSES

LOUDOUN CONTEMPORARY DANCE COMPANY CONTINUED

APPRENTICE

REQUIRED CLASSES:

- GRADED LEVEL JAZZ V, VI, OR VII
- GRADED LEVEL BALLET
- CONTEMPORARY
- HIP HOP
- LYRICAL
- 1.5 HOURS OF COMPANY CLASS PER WEEK
- A CONDITIONING CLASS IS STRONGLY RECOMMENDED
- TURNS & LEAPS - STRONGLY RECOMMENDED

OPTIONAL ELECTIVES:

- TAP

SUMMER REQUIREMENTS:

- JAZZ INTENSIVE - BASED ON RECOMMENDED JAZZ LEVEL
- FIVE CONTEMPORARY CLASSES

1ST AND 2ND COMPANY

REQUIRED CLASSES:

- GRADED LEVEL JAZZ VII, VIII, IX, OR X
- GRADED LEVEL BALLET
- CONTEMPORARY
- HIP HOP
- 2.5 HOURS OF COMPANY CLASS PER WEEK OR SET SCHEDULE - TBD
- A CONDITIONING CLASS IS STRONGLY RECOMMENDED
- TURNS & LEAPS - STRONGLY RECOMMENDED

OPTIONAL ELECTIVES:

- LYRICAL, TAP

SUMMER REQUIREMENTS:

- JAZZ INTENSIVE - BASED ON RECOMMENDED JAZZ LEVEL
- FIVE CONTEMPORARY CLASSES

SAVE THE DATE!

- MAY 7, 2023: LCDC 2023-2024 SEASON AUDITIONS
- JULY 15 & 22: LCDC PRE-APPRENTICE, JR. APPRENTICE & APPRENTICE CHOREOGRAPHY DATES
- JULY 22 & 29: LOUDOUN TAPS CHOREOGRAPHY DATES
- AUGUST 5 & 12: LCDC 1ST & 2ND COMPANY CHOREOGRAPHY DATES

LOUDOUN TAPS!

LOUDOUN TAPS! IS A PERFORMING TAP GROUP FOR BEGINNING/INTERMEDIATE TO INTERMEDIATE/ADVANCED TAP DANCERS. MEMBERSHIP IS BY INVITATION AND IS BASED ON AN INDIVIDUAL DANCER'S TECHNICAL ABILITY, STAGE PRESENCE, ABILITY TO PICK UP CHOREOGRAPHY, AND WORK ETHIC.

DANCERS:

- MUST BE ENROLLED IN AN LSB-GRADED LEVEL TAP CLASS; AND
- WILL BE PLACED IN LOUDOUN TAPS! LEVEL I OR LEVEL II BASED ON AGE AND ABILITY.

THE LOUDOUN TAPS! THE SEASON INCLUDES PARTICIPATION IN THE FOLLOWING:

- LOUDOUN CONTEMPORARY DANCE COMPANY'S (LCDC) FULL-LENGTH PRE-PROFESSIONAL CONCERTS;
- WORKSHOPS AND COMPETITIONS AT A HIGH-CALIBER DANCE CONVENTION OWNED AND OPERATED BY INDUSTRY PROFESSIONALS.